

LEARN TO APPLY GANDHI'S MODE OF LIVING TO TODAY'S WORLD



Institute of World Culture

# HANDS-ON GANDHIAN RETREAT

January 11-17<sup>th</sup> 2009



A BRIEF ASHRAM EXPERIENCE IN SANTA BARBARA, CALIFORNIA

"Having met some of the people at its heart, I am in a position to commend this Retreat most warmly. It will be an opportunity for immersion in reality plus hope plus friendship."

- Rajmohan Gandhi (*Gandhi's grandson and biographer*)

Experiment with Gandhi's lifestyle  
for a week of communal living,  
contemplation and energetic  
service work

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Retreat to beautiful Santa Barbara  
for focused exploration of  
Gandhi's practices of nonviolence,  
sustainability and truth,  
led by a Gandhian social worker,  
co-founder of GRAVIS organization  
in India

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Cost \$300. Scholarships available  
Spaces (limited) will be filled  
in the order of applications

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