

For Immediate Release:
January 28, 2011

**HM157 in Lincoln Heights Launches
The Permaculture Skill Builder Series
Workshops Starting 2/19/11
*Get Independent @HM157!***

LOS ANGELES, CA – Starting on Saturday, February 19, 2011, **HM157** in Lincoln Heights is launching a ***Permaculture Skill Builder Series*** of weekend workshops as part of the venue's ***Get Independent @HM157*** initiative. In the series, participants will learn how to make cob benches, water catchment systems, beautiful gardens with tasty edibles, compost bins, and more to get our collective asses off the grid. The first course in the series, *Introduction to Permaculture*, will help participants build their permaculture toolbox by learning to see what's really there in their yard/neighborhood/city; they will come away with the design tools to move their vision into action. The course will run from 10:00am to 4:00pm with a 1.5 hour lecture in the morning, 3 hours of hands-on time, and a marvelous community potluck at 4:00pm. The cost of tuition is \$25-\$45 sliding scale donation for the class. Spots are also available for work trade and scholarships. *Get Independent @HM157* workshops are led by **Los Angeles Permaculture Guild** members. HM157 is located at 3110 North Broadway, Los Angeles, CA 90031 <http://thechurchoffashion.com/>

Course Description -

• Sat., 2/19 [10:00am - 4:00pm]

Introduction to Permaculture -

Hands-on Observation/Principles of Design

\$25-\$45 sliding scale donation.

Build your permaculture toolbox from the ground up by learning how to see what's really there. Explore the age-old art of observation! You'll be amazed at how much more there is to the world than what you thought was there. Learn to see how nature is communicating with us all the time by learning how to listen (with all your senses). Instead of imposing our will on the landscape, we will let the landscape tell us how to work with it to create beauty and abundance as we practice our new vision. Come away with skills to see your yard/neighborhood/city in new ways and the design tools to move your vision into action!

Instructors are Sean Jennings (www.oldchimneyfarm.com) and Joan Stevens (www.mamabotanica.com). For more information and to RSVP, please contact Sean Jennings at swjennings@gmail.com

Additional Upcoming Events at HM157 -

- Sat., 2/12 [1:00pm to 1:00am]

I Heart Mom Nature –

\$5-10 sliding scale donation.

An artistic fundraiser. Performers who have enlisted so far include: **Spirit Vine, The Charmkin Rebellion, Tommy Santee Klaws, Pam Shaffer, and Cave Country.** Funds raised from this event will go towards the material costs for the *Permaculture Skill Builder Series*.

- 3/5 [noon to 4:00pm] *Pedal Power Engineering* with **Andrew Rasmussen.**

\$20 fee.

Course covers the basic design principles for pedal powered equipment.

Food Forest at HM157 -

Our vision is that the food forest and edible garden at HM157 will provide the ingredients for our vegan, locally-sourced, organic weekly community dinner (produced at HM157 on Tuesdays, at 7:30pm by local time-banker **Megan Hobza**). Sponsors of this *Garden-to-Table Demonstration Project* include Woolly Pockets, Winnetka Farms, Farmlab, and the Arroyo Time Bank.

HM157 is also looking for volunteer gardeners to help with the project. **Davey Monzón** is HM157's new resident gardener. Prospective volunteers in the garden, or those who would like to generously donate gardening materials, please contact him at davey.creates@gmail.com.

HM157 -

HM157, aka Historical Monument #157, has become the center of the Lincoln Heights art community, operating as a catalyst for culture. The creative community, housed in an eclectic Victorian mansion, propagates positive possibilities. Voted "**Best Underground Date Night 2009**" and "**Best Escape From Corporate Entertainment 2010**" by *The LA Weekly*.

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For additional information or to arrange interviews, please contact Charlene at 310-291-5104 or hm157pr@gmail.com



Garden in Whittier with edible native plants, a guava tree, and more.
(Photo credit: Wendy Talaro – Urban/Suburban Ecoliteracy)